

Dr Bret
Dr Frenkel
Dr Routh
Dr Patterson



First Name: _____ Last Name: _____ DOB: _____

INSTRUCTIONS FOR CARDIAC CATHETERIZATION

- ❖ Expect a call from our central scheduling department once this procedure has been approved by your insurance.
- ❖ Please notify the office if someone **OTHER** than the patient should be contacted regarding the procedure location and arrival time.
- ❖ Please have someone available to drive you home after the procedure.
- ❖ **DO NOT** eat or drink after midnight the night before your procedure.
You may have a small sip of water in the morning to take approved morning meds (see below).
- ❖ **DO NOT** take any medications the morning of the cath, **EXCEPT** for morning blood pressure meds. It's important to keep your blood pressure well controlled prior to any cardiac procedure.
- ❖ If taking a Diuretic (water pill) **DO NOT** take it the morning of procedure.
- ❖ If taking Glucophage OR Metformin, this **MUST** be **HELD 24 HOURS PRIOR** to procedure.
- ❖ If taking Insulin, take half dose the evening before procedure.
- ❖ Patients with an **IODINE ALLERGY** will need to be pre-medicated with:
 1. Prednisone 20mg, 3 tabs the evening before and 3 tabs the morning of procedure
 2. Tagamet 200mg, 1 tab the morning of procedure
 3. Benadryl 25mg, 2 tabs the morning of procedure

Baylor Medical Center at Garland
2300 Marie Curie Blvd.
Garland, TX 75042
972-487-5000

The Heart Hospital Baylor Plano
1100 Allied Dr
Plano TX 75093
469-814-3278

Doctors Hospital
9440 Poppy Dr
Dallas, TX 75218
214-324-6001

Baylor Heart & Vascular
621 N Hall St
Dallas, TX 75246
214-820-0600
Park in Lot#19 across from ER

Methodist Richardson Medical Center
2831 E Pres George Bush Highway
Richardson, TX 75082
469.204.1000

Medfinity Health Plano
5085 Park Blvd Suite 180
Plano, TX 75093
469-609-8280