

## COMPRESSION HOSE INSTRUCTIONS

Following any venous procedure you will be REQUIRED to wear compression hose. It is our recommendation that you go to a local Pharmacy or Medical Supply store of your personal choosing to purchase these. You will need to be measured to ensure a proper fit. You will also need to decide on whether you would rather wear knee high or thigh high hosiery; either one is fine. Also acceptable is the open toe hosiery if that better fits your needs.

Important: You need 20-30mmHg of compression (please be sure to state this when you are purchasing).

There are wide assortments available to you; we suggest you buy the kind that you will be the most comfortable wearing and that fits your life style as best possible.

We require the specific compression hosiery that cover your leg to your foot to your thigh / knee- The rest is your preference.